



Arizona Center for **Afterschool** Excellence



Working together to increase the availability
and quality of afterschool opportunities statewide

@fterschool advisor

November 20, 2009

A Message from the Executive Director

Department of Health Services Finds Federal Funding to Reduce License Fee Increases

Under pressure from the afterschool and child care communities, the Arizona Department of Health Services devised a way to use federal voter protected funds to reduce the proposed 8000% plus licensing fee increases utilizing a new public health curriculum for pre-schoolers and school age children.

The Arizona Center for Afterschool Excellence commends Will Humble, interim director of DHS for his identification and use of federal funds to avert the potentially disastrous impact the proposed 8000% increases would have had on licensed afterschool programs throughout the state.

Beginning in January 2010, afterschool providers who choose to participate will receive a designation of "[Empower Centers](#)" by the department which parents will recognize as a center that promotes a healthy environment for their child. Empower Centers will incorporate [10 Ways To Empower Children To Live Healthy Lives](#), a list of standards that addresses everything from providing healthy food and exercise, to limiting "screen" time.

Empower Centers will receive a fifty percent reduction in their [licensing fees](#), and their center will receive an Empower Pack, which includes curriculum and **activities** that can easily be incorporated into the everyday routine of child care to support good nutrition, physical activity and tobacco prevention. This pilot builds on the department's successful Champions for Change campaign, which provides common nutrition messages to participants of the Supplemental Nutrition Assistance Program (SNAP, formerly the Food Stamp Program). This statewide campaign includes materials distribution, information, TV ads, an interactive Web site, parent education materials, and recipes. It will be complemented by the EMPOWER PACK program which is being developed for school age children. This curriculum empowers children to make good choices about nutrition, physical activity and tobacco, using age appropriate vehicles including costumed characters and a coloring book. Additionally, child care centers will display posters and disseminate materials about the state's smoking cessation services to all parents. The launch of this three year pilot program will provide relief to child care providers facing increased [licensing fees](#) at the same time that it addresses the alarming rise in childhood obesity and the harmful effects of tobacco.

Governor Jan Brewer also removed the freeze on a review of DHS child-care regulations opening the door for afterschool supporters to advocate for the adoption of less onerous rules for school based care.

For Information on Applying for the Empower Program, please contact:

Child Care Licensing at (602) 364-2539 - M-F 8 a.m. to 5 p.m.

For Information on the Empower Care Standards or Packet, please contact:

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<http://www.azdhs.gov/phs/bnp/index.htm>
www.eatwellbewell.org

News & Events

Afterschool in the News

MetLife Foundation Afterschool Innovator Awards: Colorado MESA, Arizona ICAN & RiverzEdge

<http://www.afterschoolalliance.org/afterschoolsnack/ASnack.cfm?idBlog=E9152114-1E0B-E803-CA08B04B0E65187A> (Source: Afterschool Alliance)

Discounts offered on license fees for child-care facilities

<http://www.azstarnet.com/sn/dailystar/317858.php> (Source: Arizona Daily Star)

State & National Legislation

ASPIRE Act Introduced in the Senate

On November 17, 2009, Senators Lincoln (D-Ark.) and Franken (D-Minn.) introduced the Afterschool Partnerships Improve Results in Education (ASPIRE) Act. **S. 2785** would provide dedicated grant funding for quality afterschool programs that serve older youth at the middle and high school levels. As the nation struggles to improve high school achievement and prepare the next generation for college and the 21st century workforce, it is clear that a focus on older students during these transition years is critical for long-term success. Quality afterschool programs designed specifically for older youth can make a difference in keeping students engaged in the learning process. Unfortunately, communities across the country have been forced to make difficult choices with limited funding for afterschool programs, leaving older youth with fewer options. The bill, supported by over 30 organizations including the National PTA, Save the Children, the YMCA of the USA and the Center for Law and Social Policy, addresses the challenges in a comprehensive way:

- Authorizes a national demonstration project to create multi-state, multi-site afterschool programs for older youth. These programs would serve to expand the knowledge base for other afterschool interdisciplinary education programs and to disseminate best practices.
- Awards competitive grants to expand or establish afterschool programs for older youth that increase student engagement in learning. Grants are provided for terms of 3 to 5 years, and can

be renewed for one additional term, based on performance. Grantees must match the grant amount with private funding on an equal basis.

- Supports the expansion and development of afterschool programs that demonstrate how academic content relates to career opportunities, provide opportunities for civic engagement and service learning, and equip students with marketable skills. Programs best suited for ASPIRE grants improve academic achievement by reinforcing core curriculum while also providing opportunities for older students to broaden their curriculum through learning outside of the traditional classroom.
- Gives priority to programs that target services to older students who are struggling in school, come from low-income families, or attend schools in rural areas.

A companion bill in the House is expected to be introduced shortly. More information on afterschool and older youth can be found at <http://www.afterschoolalliance.org/policyOlderYouth.cfm>

Professional Development Opportunities

Midwest Afterschool Science Academy Engineering Youth Success in School, Work, and Life

December 2-4, 2009 Kansas City, MO

You are invited to join informal science and youth development experts from around the nation for a unique event of professional development, community engagement, and system-building.

The Kansas and Missouri Statewide Afterschool Networks are hosting the Midwest Afterschool Science Academy December 2-4, 2009 in Kansas City, MO.

The event will be held at the amazing facilities of the Ewing Marion Kauffman Foundation located in the heart of Kansas City's Country Club Plaza <http://www.countryclubplaza.com/> which will be illuminated in its full holiday splendor.

Register through this link <http://moasn.org/MASA/index.html>

Phlight Academy

December 9-10, 2009, 8:30 a.m.-5 p.m. CST

Draughons Junior College, Nashville, TN

Derek Peterson, an international child and youth advocate, will be presenting a two-day academy for any adult or youth that can influence the lives of young people.

This two day academy guides participants to understand and apply the best of the concepts of current youth development research to treating, teaching, counseling, neighboring, and parenting teens. Participants from families, schools, school districts, community coalitions, churches, synagogues, mosques, youth programs, treatment centers, offices of juvenile justice, hospitals, clinics, and colleges come to learn the methods to support kids to stay on, or get on, a course toward resilience and strength. Since 1993, we have been equipping youth and adults to:

1. Understand the research basis of the IYD™ phramework, including how it is unique.
2. Apply IYD™ to their own lives.
3. Apply IYD™ to the lives of others.
4. Identify the seven phactors that comprise the developmental ecology of a teen.
5. Learn a meaningful, memorable, and measurable parable that can compel others (of all ages) to identify and build their personal village.
6. Understand how youth serving organizations (including schools) are integrating IYD™ into their vision, mission, and practice.
7. Understand the background information and research needed to validate strengths-based youth work

Ensure your spot now. More information our local event can be found at this web site:
<http://www.phlightacademy.com/>

SAY Conference-January 30, 2010

The Sonoran Alliance for Youth (SAY) will hold its annual regional conference on January 30, 2010 beginning at 8:30 a.m. at Empire High School in Vail. Registration opens at 8 a.m. and will include a continental breakfast. This year's conference will emphasize science. Contact Marie Benson at (520) 749-0147 for additional information.

Funding Opportunities

Makers of Clorox Clean-Up to Award \$50,000 to Kids` Programs Through New Power A Bright Future Grant Program

Deadline: November 29, 2009

The Clorox Clean-Up team invites individuals to nominate non-profit kids` programs for a Power A Bright Future grant by submitting a photo and short essay about the project for consideration. Each winner will receive a \$10,000 grant to help the project grow and flourish. Winners will also be featured within an advertisement in an issue of People magazine. [Click here](#) for more information.

Literacy and Education Grants

Deadline: November 30, 2009

The Build-A-Bear Workshop Bear Hugs Foundation provides literacy and education grants to support children in summer reading programs, early childhood education programs, and special needs literacy programs. Grants range from \$1,000 to \$10,000. [Click here](#) for more information.

U.S. DOJ Weed & Seed Grants

Deadline: December 1, 2009

The U.S. Department of Justice (DOJ), Office of Justice Programs (OJP), Community Capacity Development Office (CCDO) is pleased to announce that it is seeking applications from interested communities to participate in the Weed and Seed Communities Competitive Program. This program furthers the Department's mission to prevent, control, and reduce violent crime, drug abuse, and gang activity. The Weed and Seed initiative comprises a community-based, comprehensive multi-agency approach to law enforcement, crime prevention, and neighborhood restoration. It is designed for communities with persistent high levels of serious violent crime and corresponding social problems. Organizations eligible include: state, local or tribal governments or nonprofit organizations in communities with persistent high levels of serious violent crime and that have not previously been an approved Weed and Seed site. http://www.ojp.usdoj.gov/ccdo/funding/appl_kit.html

2010 Do Something Awards

Deadline: December 15, 2009

Since 1996, Do Something has honored the nation's best young world-changers. Do Something Award Winners represent the pivotal "do-ers" in their field, cause, or issue and are rewarded with a huge project grant, participation in a special award ceremony, media coverage, and continued support from Do Something. In 2010, four winners will receive \$10,000 and one Grand Prize winner will receive \$100,000 towards their organization or cause. The awards ceremony will take place in spring 2010. Learn more at: <http://www.dosomething.org/programs/awards>

Home Depot Building Healthy Communities Grants

Deadline: December 15, 2009

Grants, up to \$2,500, are now available to registered 501(c)(3) nonprofit organizations, public schools or tax-exempt public service agencies in the U.S. who are using the power of volunteers to improve the physical health of their community. Grants are made in the form of The Home Depot gift cards for the purchase of tools or materials. [Click here](#) for more details.

The Big Green Help

Deadline: December 31, 2009

This grant funded by Nickelodean connects kids to environmentally-friendly activities in their everyday lives. Applicants must host an Earth Day event in April or a Worldwide Day of Play event in September. Elementary and middle schools and after-school community based organizations with non-profit status serving kids ages 5-15 are eligible. Grants are from \$2500-\$5000. [Click here](#) for more details.

Champions for Healthy Kids

Deadline: January 15, 2010

The General Mills Foundation awards 50 grants of \$10,000 each to community-based groups that develop creative ways to help youth adopt a balanced diet and physically active lifestyle. **Eligibility:** organizations with 501(c)(3) or 509(a) status. [Click here](#) for more details.

AmeriCorps State, National, and Indian Tribes Planning Grants

Deadline: January 26, 2009

The purpose of planning grants is to support the development of AmeriCorps programs so applicants are better prepared to compete for an AmeriCorps program grant in the following grant cycle. Planning grants may not be used to support AmeriCorps members. AmeriCorps State and National Planning Grant applicants must not have previously received an AmeriCorps State or National grant. Indian Tribes Planning Grant applicants must not have received an AmeriCorps grant in the past and must be an Indian Tribe (See definition in Section III). Funding for 2010 is contingent upon appropriations, and is estimated to be \$500,000 for AmeriCorps State and National and \$250,000 for Indian Tribes. Applicants may apply for up to a maximum of \$50,000. [Click here](#) for more details.

Miley Cyrus & Youth Service America Launch Global 'Get Ur Good On' Grants for Young Volunteers

Deadline: February 22, 2010

Miley Cyrus recently partnered with Youth Service America to create [Get Ur Good On](#), a social network that brings together youth to support each other in their mission to do "good" in their communities. On Wednesday, November 18, YSA launched **Get Ur Good On Grants** that fund youth-led service initiatives on Global Youth Service Day, April 23-25, 2010. Available to children and youth around the world, YSA's Get Ur Good On Grants will award 100 \$500 grants to support projects addressing critical community needs such as poverty, education, and environmental sustainability.

Youth interested in sharing their stories about volunteering and community service, learning about important issues, and making civic-minded friends can visit www.GetUrGoodOn.org. They can upload videos that show how they have made a difference in their local, national, and global communities.

Grant applications are due February 22, 2010. To learn more about Get Ur Good On Grants and to take the eligibility quiz, visit www.YSA.org/grants

Siemens We Can Change the World Challenge

Deadline: January 31, 2010 (elementary), March 15, 2010 (middle school)

For youth-led environmental projects, the Siemens Foundation, Discovery Education and the National Science Teachers Association invite you to join the only challenge of its kind that empowers students in grades K-8 to create solutions to environmental problems in their own back yard. This is an opportunity to make a difference and compete for more than \$100,000 in cash and prizes. [Read more...](#)

Job Openings

Kyrene Kids Club- Program Coordinator-Kyrene de los Cerritos

Duties include: Facilitating activity planning meetings, inventorying and ordering materials and supplies, developing and scheduling daily children's activities, communicating information to parents through

memos and newsletters, mentoring and providing orientations to Club Leaders, and assigning and monitoring the work of Club Leaders. The Coordinator must have availability from 6:30am-6:30pm. This program has the capacity of 150 school age children.

Qualifications: Applicant must have completion of course work in a childcare program in addition to a high school diploma or G.E.D. and one-year experience working in a licensed childcare setting, or any combination of education and experience sufficient to successfully perform the essential duties of the job. Incumbents must be 21 years of age or older.

Salary: \$15.95-16.35/hr (with benefits). Apply online today at www.kyrene.org/hr!

Afterschool Resources/Research/Reports

Make Children Lifelong Readers

Award-winning author James Patterson, who has championed books and reading, has created a Web site for parents and educators to help make children lifelong readers.

The site, www.readkiddoread.com, features numerous links to find books for kids of all ages. Each link is divided by ages (up to 8; 6 and older; 8 and older; and 10 and older) and category (illustrated books; transitional books; page-turners; and advanced reads).

Upon clicking on a title in a particular category, visitors discover even more titles and each features a review of the book.

There are also links to great classic titles in several categories, suggestions for books that boys will enjoy, suggestions for how to get children to read and a contest that after-school professionals could use as an activity, in which children identify first lines from books.

The site also features lesson plans (<http://readkiddoread.ning.com/page/lesson-plans>) tied to selected titles. Check out www.readkiddoread.com and help turn children you know into readers for life. (Source: School-Age NOTES)